



Backpacking Packing List

Troop 71 - Bethel, CT



Remember, everything you pack should be as light as possible. Don't bring bulky items. It will just be excess weight.

- Backpack –External or Internal Frame
 - Backpack Cover in case of rain (Garbage Bags are great!)
- Sleeping Bag (Temperature rating suitable for campout)
 - Compression/Stuff Sack (highly recommended)
- Sleeping Pad
- Tent (small, fits one person comfortably)
 - Ground cloth (if not built in with tent)
- Water Bottles (carry at least 2 liters of water)
- Backpacking Stove
 - Fuel
- Mess Kit (used for cooking and eating)
 - Eating Utensils, Cup or Mug
 - KP Materials – (soap, sponge)
- Matches
- Water Filter (not needed for each person)
- Bag and String to use for Bear Bag
- Toiletries
 - Towel, TP (small roll), Toothbrush, Toothpaste, etc.
- Sun Screen
- Bug Repellant
- First Aid Kit
- Compass
- Pocket knife w/ Totin' Chip
- Plastic Bags (for trash, gear, and wet stuff)
- Sunglasses (optional)
- Flashlight (small- not a lantern)



Clothing- try to avoid cotton material

- ❑ Underwear (enough for each day)
- ❑ Base Layer Long Sleeve Shirt (underarmour)(enough for each day)
- ❑ Base Layer Bottoms (long underwear)(enough for each day)
- ❑ Shirts (enough for each day)
- ❑ Sweatshirt/Fleece/Light Jacket
- ❑ Pants (NO Jeans)
- ❑ Windbreaker or Heavier Jacket(depending on temperature)
- ❑ Wool Cap
- ❑ Socks (synthetic blend – no cotton)(enough for each day)
- ❑ Clothes for Sleeping
- ❑ Rain Gear
- ❑ Hiking Boots (ankle support)
- ❑ Lightweight Camp Shoes (optional)



Remember to pack LIGHT! Pack only what you need and don't bring large items.

Also, when you're packing, leave room for food.